FIVE REASONS TO PAY YOURSELF FIRST

Do you care more about the financial wellness of your local coffee shop — or your own? Paying yourself first, or prioritizing your savings, is the golden rule of personal finance. It means putting your own needs and your own future before anything else.

Start small with just $100 each payday, or even a dollar a day, and watch your savings grow! Here's 5 excellent reasons to pay yourself first.



1.

Build Healthy Habits

Paying yourself first can help create a healthy financial routine. When you train yourself to put aside a small amount of money each month, you may even discover you have more money to put away!

2.

Be More Mindful of Your Spending

Most people's needs will expand with their income. Stay one step ahead by paying yourself first!

3.

Build a Nest Egg

You might be starting small, but soon you'll have a sizable nest egg you can use to fund your dream vacation, buy your first home, or start saving for retirement.

4.

Create an Emergency Fund

Don't let a medical emergency or an unexpected repair expense derail your budget. An emergency fund will save you from the debt trap.

5.

Peace of Mind

You'll sleep better at night knowing you have money socked away for emergencies or expensive purchases.

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